INSERT YOUR ADDRESS

(Please add your home address, even to emails, as your MP needs to see you live in their constituency)

XXX MP

House of Commons

London

SW1A 0AA

(Change this if writing to the Senedd, Scottish Parliament, or Northern Ireland Assembly)

 INSERT DATE

Dear XXX

I am writing as your constituent to let you know my concerns about the lack of awareness and representation of osteoporosis in Parliament / the Senedd / the Scottish Parliament / the Northern Ireland Assembly).

It’s World Osteoporosis Day on 20 October, and I’d like to ask you to meet virtually with me around this time to hear first-hand about my experience of osteoporosis, and what you can do in Parliament for me and the 3.5 million people in the UK living with this condition.

INSERT A SHORT SUMMARY OF YOUR STORY HERE. (This should be around one paragraph in length. For example, *I was first diagnosed with osteoporosis in 2009 after I slipped and broke my wrist. It was the third bone I’d broken in three years, so my doctor suggested a bone density scan which confirmed osteoporosis. I’ve been on medication since then and haven’t broken a bone since, but I still worry about my bone health and am unsure who to ask for advice*.)

Osteoporosis is known as the “silent disease”, because of under-diagnosis, under-treatment and low public awareness. Yet as many people die from fracture related causes as from lung cancer, diabetes or chronic lower respiratory diseases.

The Royal Osteoporosis Society has recently launched a new manifesto that is available on their website. *Breaking the Silence: a Manifesto for a Future Without Osteoporosis* lays out what policy makers need to do improve the future for people with osteoporosis. I’d be keen to meet to discuss this manifesto with you and to hear what you can do in Parliament / the Senedd / the Scottish Parliament / the Northern Ireland Assembly to make a difference.

Please can you let me know if you’d be happy to set up a virtual meeting with me, and any other constituents who get in touch, for World Osteoporosis Day?

Yours sincerely

INSERT YOUR FULL NAME