



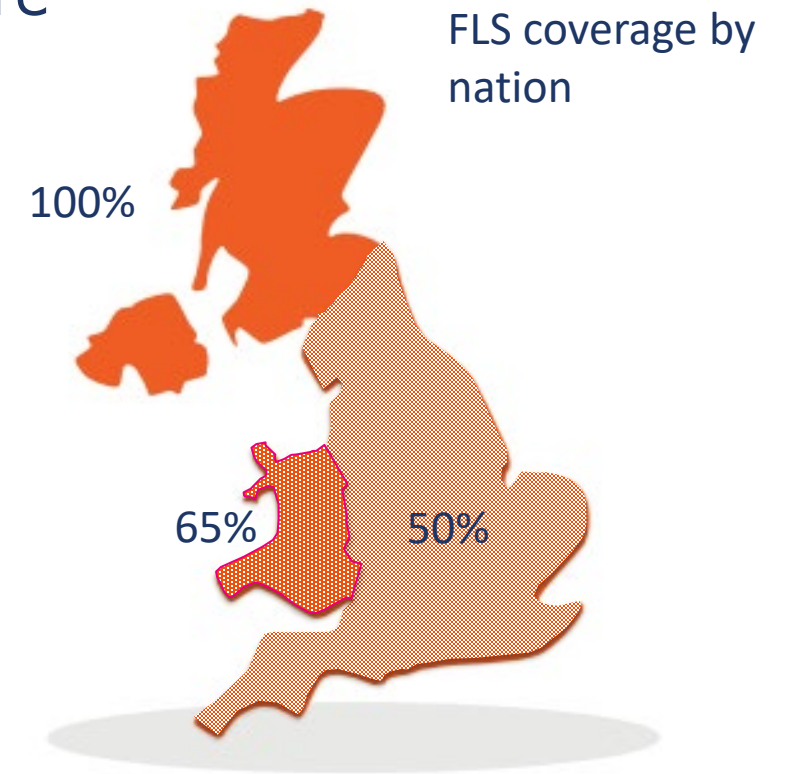
Unwarranted variation in care –

***A postcode lottery for access to
quality-assured FLS***

Neil Gittoes
Chair, Royal Osteoporosis Society

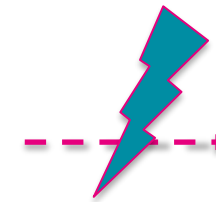
We can prevent fractures - Fracture liaison services (FLS)

- Linking the perceived 'inconvenient' sentinel fracture with the feared hip fracture
 - 50% with hip fracture have fractured previously
 - 40% of those hip fractures could be prevented
- FLS
 - Systematic identification of all adults >50 years presenting with fragility fracture
 - "5IQ" approach
 - Clinically effective and cost-saving



A common occurrence...

- About 1,300 fragility fractures per day in UK
- Mrs. Bi, 74
- Lives with extended family
- Sparkbrook, Birmingham
- Fall in street
- A&E
- Fracture clinic



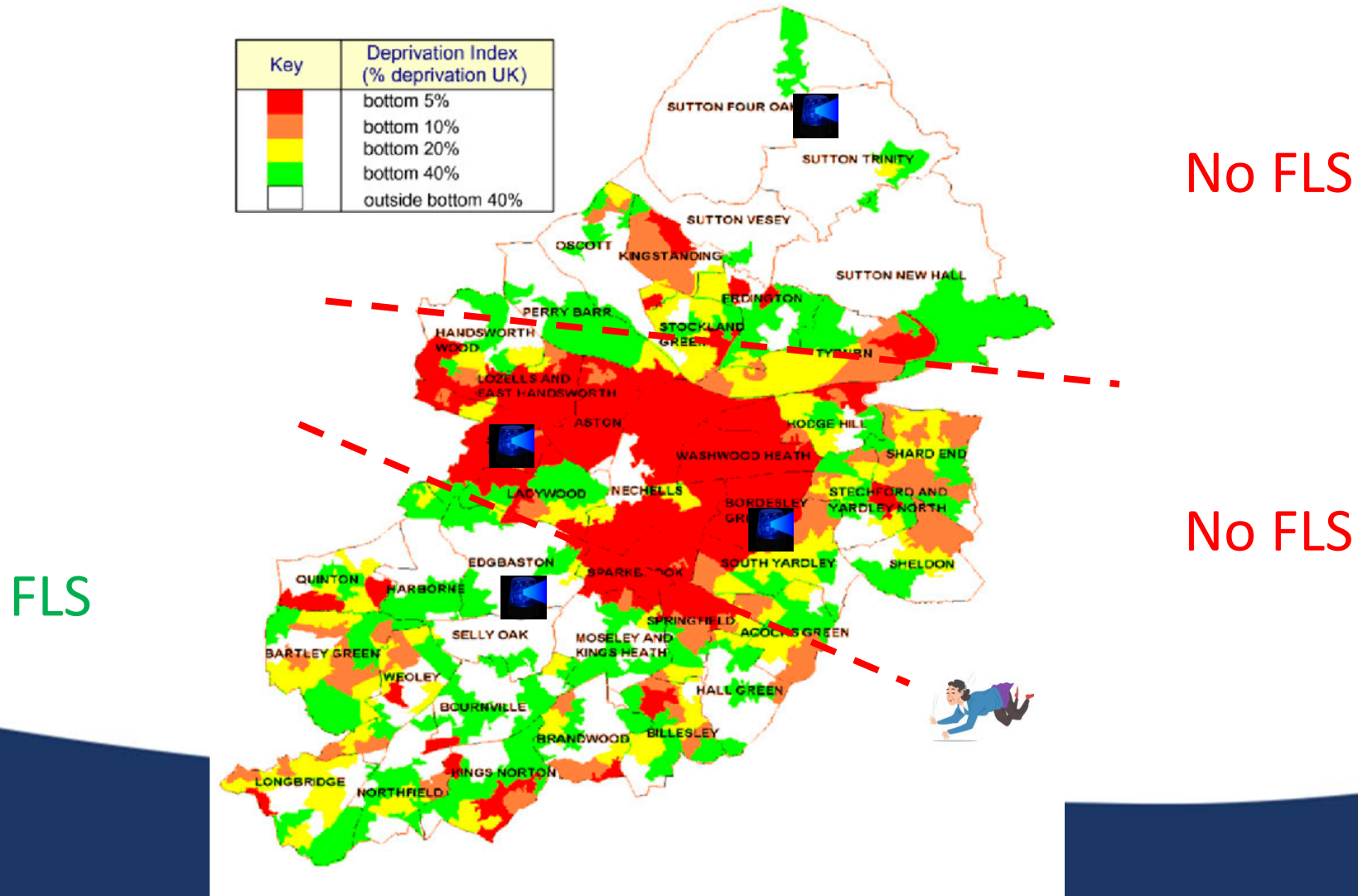
**Next
fracture
x 2-3-fold**

B11 1B



B11 1A

Local population variation – Birmingham access to FLS





What difference does it make to Mrs. Bi?

- Journey through FLS
 - Falls and bone health assessment
 - Lifestyle advice & self help
 - Drug therapy advice
 - Support and follow up
 - Prevent the next fracture
- Added value of the FLS journey
 - GPs educated around fracture prevention
 - Patient empowerment and support groups



The alternative

- Fix and forget...



Levelling up access to quality-assured FLS

- Tried and tested blueprint for service model
- National benchmarking and quality standards
- Fully aligned to Integration White Paper, 2021
- Embed exemplars as universal service requirement
- Preventing fractures and ageing well

