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Royal College of Physicians

The National Hip Fracture Database FFFAP Part of the Falls and Fragility Fracture Audit Programme

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A guide for family carers

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and now, having been dia

In any activity, you can on the treatment provided to



FAP

My broken hip – a patient's perspective

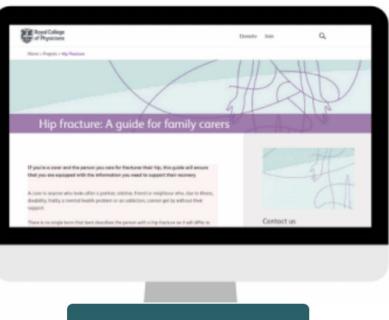
On a wet, windy afternoon I took my three granddaughters to a ca

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A guide for family carers

couldn't help but remain concerned. There began my journey to support improv



Hip Fracture Carers Guide (Click here to open)

Your hip fracture

All about your hip fracture, and what to expect on the road to recovery



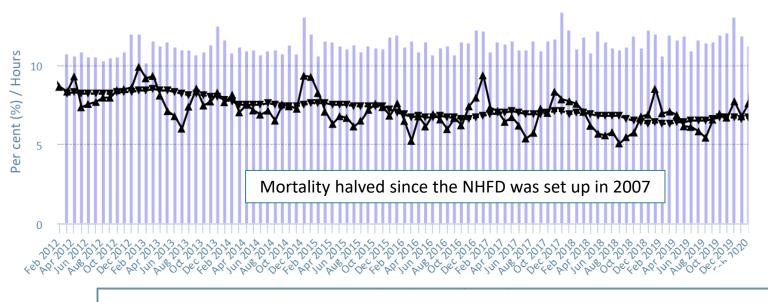
aik outside, it was a very brief call: nowever, i feit i was taff were very informative and positive. This

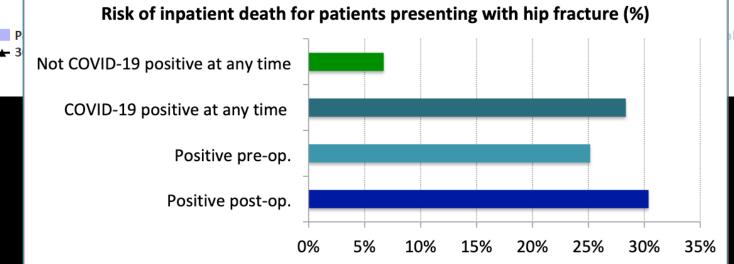
and cycling as before. I am very grateful for the expertise

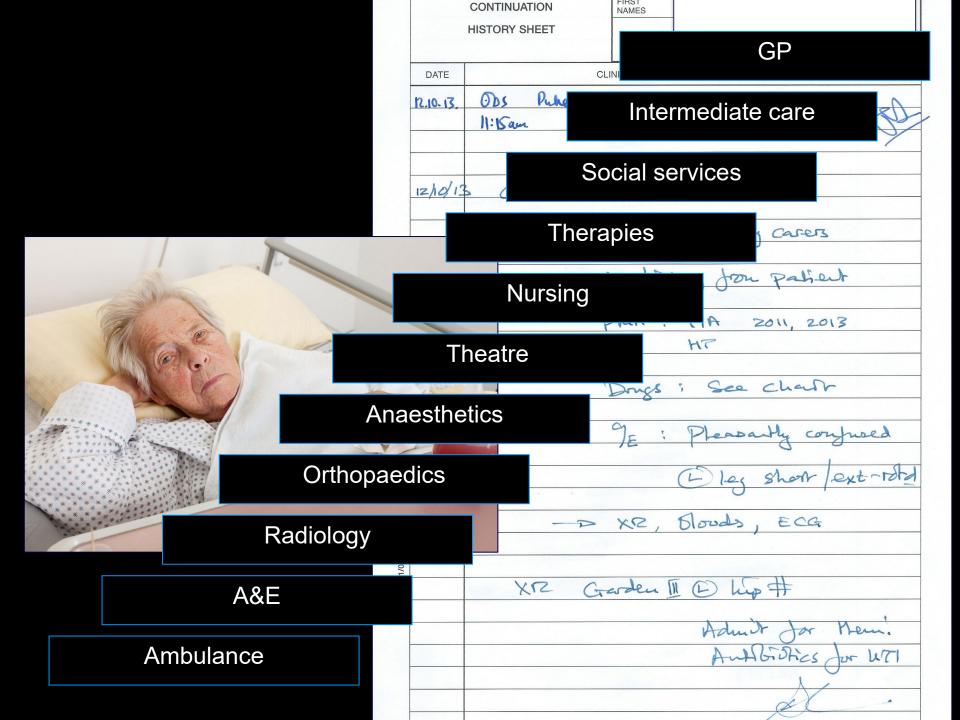
rails and fragility fracture Audit Programme patient panel member



What is my chance of dying in the month after a hip fracture?



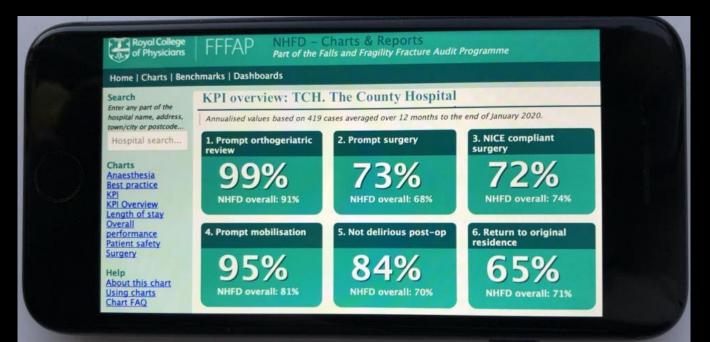




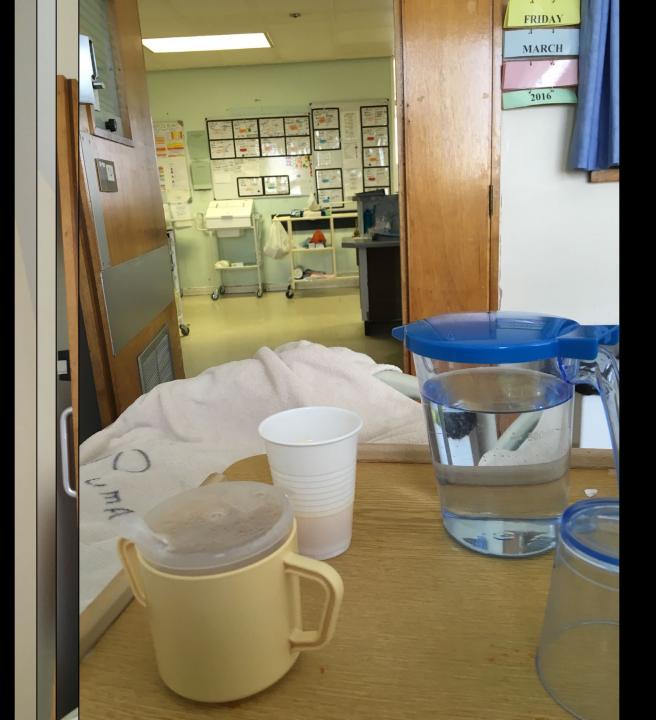
What can I tell her and her family when she arrives?

You are likely to receive surgery by tomorrow

You are likely to get up by 3 days from now



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What can I tell her and her family when she arrives?

You are likely to receive surgery by tomorrow

You are likely to get up by 3 days from now

You have a 1 in 4 chance of becoming confused

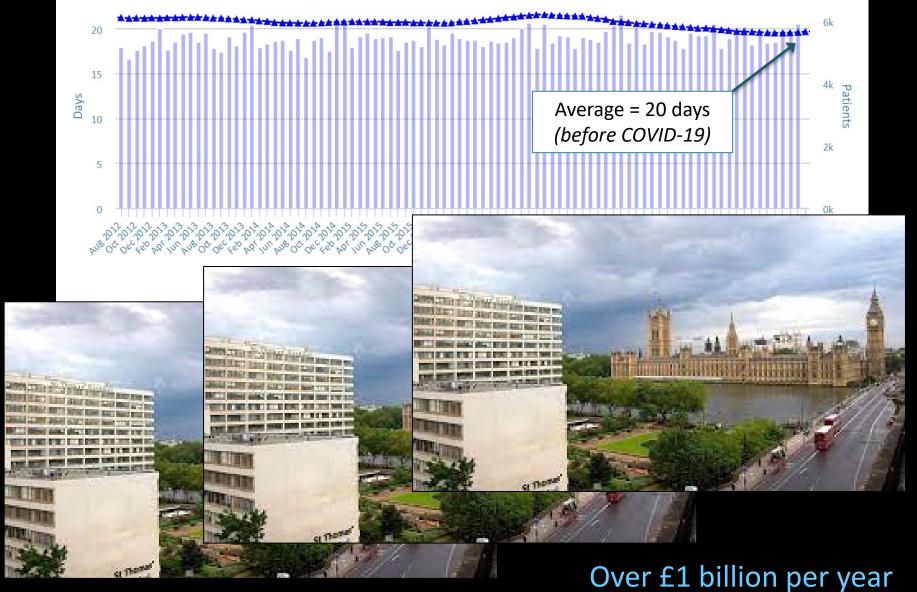
You have a 3 out of 4 chance of getting back home within 4 months

You are likely to be in hospital for 3 weeks

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Home Charts Bench Search Enter any part of the	FFFAP NHFD - Charts & Reports Part of the Falls and Fragility Fracture Audit Programme chmarks Dashboards KPI overview: TCH. The County Hospital Annualised values based on 419 cases averaged over 12 months to the end of January 2020.		
hospital name, address, town/city or postcode			
Hospital search	1. Prompt orthogeriatric review	2. Prompt surgery	3. NICE compliant surgery
Charts Anaesthesia Best practice KPI KPI Overview Length of stay	99% NHFD overall: 91%	73% NHFD overall: 68%	72% NHFD overall: 74%
Overall performance Patient safety	4. Prompt mobilisation	5. Not delirious post-op	6. Return to original residence
Surgery Help About this chart Using charts Chart FAQ	95% NHFD overall: 81%	84% NHFD overall: 70%	65% NHFD overall: 71%

How many days will I spend in hospital after a hip fracture?



What can I tell her and her family about her bones?

In my hospital you will have your bone health assessed to avoid future fractures

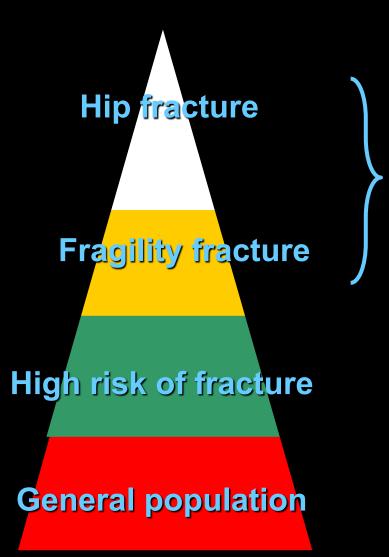
... but figures vary from 6-100% in other hospitals around the country

In my hospital we will check you're still receiving bone protection in 4 months

... but around the country only 1 in 4 people are known to be doing so

	Secondary prevention actions taken	2016	2019		
70%	Assessed but no bone protection medication needed or appropriate	21.6%	22.7%		
60%	Oral medication – continued from pre-admission	7.3%	6.0%		
	 started on this admission 	42. 4%	37.5%		
50%	Injectable medication – continued from pre-admission	0.9%	1.2%		
40%	 started on this admission 	7.4%	10.8%		
30%	No treatment, pending DXA scan or bone clinic assessment	17.4%	18.4%		
20%	No assessment or no action taken	2.9%	3.3%		
10% 0%					
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Proposed pyramid of implementation – DoH 2009



Secondary prevention 50% of hip fractures are in people with a previous fragility fracture ... just 16% of the population

Primary prevention

50% of hip fractures are in people with no previous fragility fracture *... 84% of the population*

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